#### **NICE** National Institute for Health and Care Excellence



### **Evidence for Better Decisions: Institutional Strengthening and the International Decision Support Initiative**

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In collaboration with Itad

## Overview

- NICE International
  - Who we are
  - What we do
- Our approach to institutional strengthening
- Evaluation of our approach in India and China
- Future plans



# Sustainable UHC: How could countries get there?

- Sustainable UHC means actively setting priorities by following robust process that considers scientific and economic evidence, and people's own values
- Despite increasing political commitment by LMICs to UHC, capacity for evidence-informed priority-setting is limited and uncoordinated

Capacities required for effective priority-setting



# NICE International supports institutional strengthening for UHC

<u>Mission Statement</u>: To contribute to better health around the world through the more effective and equitable use of resources...by providing **advice on the use of evidence and social values** in making clinical and policy decisions.

Practical support to specific projects led by government institutions

HTA; guideline development; quality improvement...

- Supporting development of institutions and processes for evidence-informed policy
- Raising awareness of priority-setting principles and systems

# Our approach to institutional strengthening: Core principles

Demand-driven	<ul> <li>Respond to expressed desire from countries for support, based on country-defined objectives and circumstances</li> <li>Flexible and adaptable – no "off-the-shelf" solutions</li> </ul>
Sustainable	<ul> <li>Form relationship over several years</li> <li>Long term impact through building capability and capacity of individuals and institutions</li> </ul>
Complementary and collaborative	<ul> <li>Hands-on support and problem solving</li> <li>Collaborating with existing local and international organisations where work overlaps</li> </ul>

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## International Decision Support Initiative: A growing network



**Imperial College** 

- More strategic approach to bringing UK and global partners (academic, public sector and international development) to support LMIC institutional strengthening
- Consolidate funding support from DFID, Gates and Rockefeller
- Identified need for M&E strategy help us better understand impact of our network and activities, and learn/refine our approach

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### Better Decisions for Better Health: iDSI Theory of Change





There is a complex translation process between "better decisions" and "better health" depending on the link between decisions and budgets, budgets and payments/transfers, transfers and delivery system, readiness and effectiveness of delivery and implementation and also the validity and reliability of the original data informing the analysis.

## Our work through DFID Health Partnership Scheme

- <u>State level</u> (Kerala) Quality Standards (indicators) in maternal health
- <u>Union level</u> (RSBY) Clinical pathways and standards for common surgical interventions

## China

India

- Partnership with CNHDRC:
  - Collaboration to support Chinese rural health reforms
  - Exchanging **expertise and experience** to support dedicated priority-setting structures



### India: Collaboration with National Health Mission, Kerala on Quality Standards for post-partum haemorrhage

- Developing evidence-informed quality indicators for hospital maternal care, based on local epidemiology and contextualisation of local/international guidelines
- Locally-owned, participatory process, with NMH Principal Secretary convening and leading multidisciplinary working group\*
- Wider impact resulting from strengthened institutional capacity:
  - Locally-driven pilot implementation, and expansion to child health
  - South-South collaboration through sharing with Odisha and Bihar
  - Model for quality improvement at National level: clinical pathways for reimbursement of common surgical procedures under RSBY (Below Poverty Line)







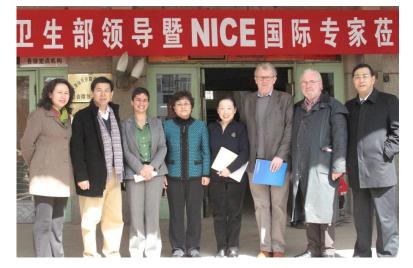
\*Public & private sector, expert clinicians/academics, providers, NHM, insurers

## China: joint CNHDRC-NICE pilots on clinical pathways and payment reform

Phase I (2009-2012)

'Simple' pathways for selected surgeries

Phase II (2012-) Pathways for stroke and COPD in four counties



Phase II requires coordination and leadership by CNHDRC of an increasingly complex intervention

- Pathways adjusted to each pilot site, facilitating local ownership
- Quality indicators developed for routine collection
- Non-communicable disease focus adds complexity, including severity tiering and different care settings
  - Aiming to develop the first integrated care pathways across multiple tiers in the system (linked with payment reform)



# Understanding our impact on institutions for priority-setting

- How do stakeholders implementing our joint projects view their roles in the project?
- What are the **practical needs** of implementation?
- Can lessons from our joint projects be adapted and adopted elsewhere in the health system, and in our wider work?
- How have we affected the ability of policymakers and practitioners to use evidence and values in decision-making?



### Itad: Our approach to measurement

- Complex nature of what NICE does lends its self to a theory based approach
- Developed Indicators for key outcomes and causal linkages
- Testing indicators in India and China
- Part of ongoing process of working with NI to develop the best ways of measuring evidence informed priority setting in health

# India: Supporting locally generated solutions

NI's support is valued for being **bespoke** and **flexible**:

- The Kerala Quality Standard is perceived as being "made in India"
- Kerala-led process, informed by local evidence underpinned by NICE principles
- Recognition that full NICE model not applicable yet
- Better communication of 'proof of concept' to capitalise on experience

## India: the power of the NICE 'brand'

NICE International has **convening power** and is a **marker of quality**:

- NICE brand and methodology is respected at all levels for being: evidence based, rigorous, consultative
- NICE has convening power. Able to facilitate innovative partnerships such as KFOG, Gov't of Kerala.
- NICE association also serves as a marker of quality (Kerala hospitals volunteering to use QS)

## India: The role of evidence champions

"Champions" of evidence-informed priority setting have been crucial to NI's engagement.

- QS process driven by key personalities in KFOG and Government (Principle Secretary of Health in particular)
- At central level, relationships are being leveraged to raise profile of evidence-informed priority setting
- This approach to change can pose risks, as individuals move on. Need institutionalisation

# China: establishing and nurturing the right partnerships

Long standing **partnership with CNHDRC** has been central to NI influence

- Synergistic relationship
- NICE supports the strengthening of CNHDRC capacity and positioning as the expert in China on evidence informed priority setting (secondments, hosting Chinese delegation, training, mentoring)
- CNHDRC has in depth local knowledge and experience, including: links with the Chinese National Health and Family Planning Commission and subnational government

# China: mobilising range a of capacity building approaches

NI / CNHDRC have successfully mobilised a range of **capacity development activities** to influence attitudes and practices of clinical staff and hospital management:

- Positive views of the level of support and guidance that has been provided, and the combination of activities:
  - NI bring in experts from the UK (e.g. stroke treatment)
  - Joint NI / CNHDRC training and ongoing mentoring
  - CNHDRC supported training of trainers
  - Secondments of CNHDRC staff to local hospitals
  - Learning between pilot sites
- Right mix of ongoing external and locally led capacity support

# What we have learnt so far about measuring NI activities

• SMART indicators perhaps not the best approach to measuring complex reform efforts

• Exploring with NI how we could develop composite scoring scales more suited to complex interventions

Conclusion: Priority-setting matters for health systems strengthening

- Supporting priority-setting institutions and principles is essential on the road to UHC
- NICE International approach as a model for HSS:
  - demand-driven
  - convening relationships and partnerships at different levels
  - building technical and institutional capacity
  - local ownership
- Complex interventions need robust M&E framework and strategy to maximise learning and impact



## Thank you

- Web: <u>http://www.idsihealth.org</u>
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